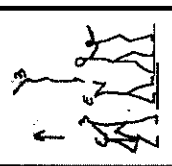
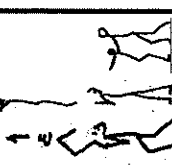
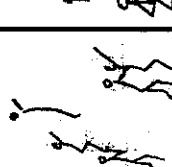
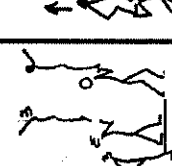
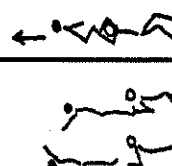
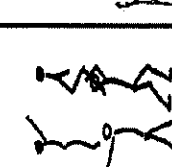
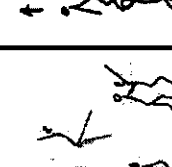
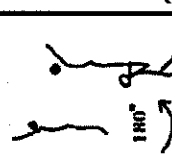
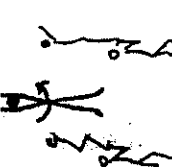
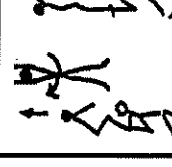

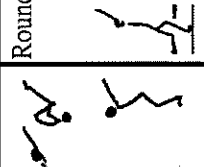
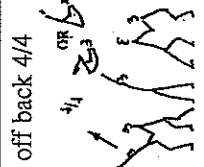
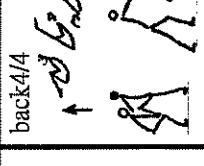
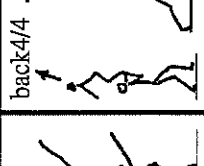
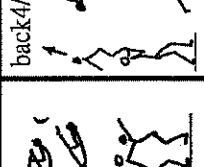
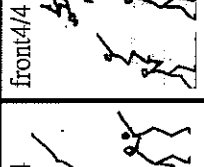
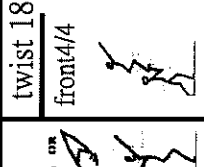
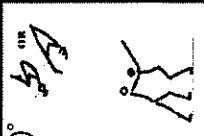

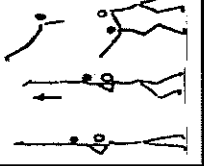
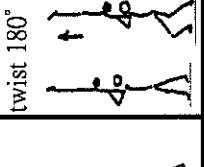
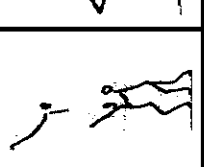


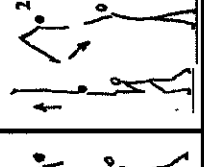
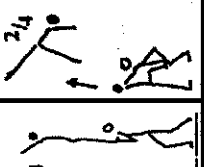


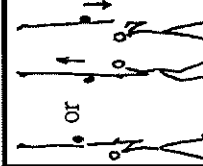
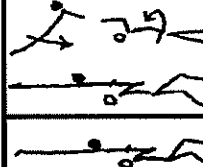
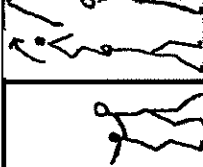
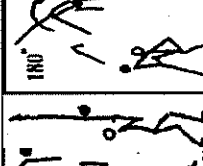
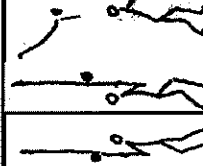






男雙拋接 (Age_10-20)每個靜止動作必須保持三秒

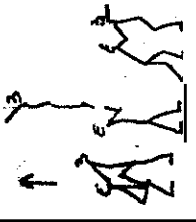
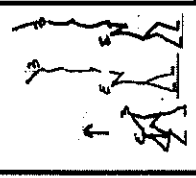
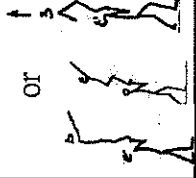
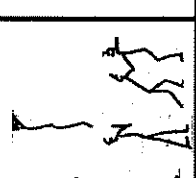
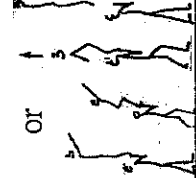
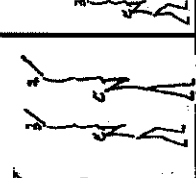
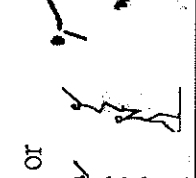
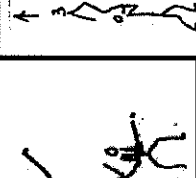
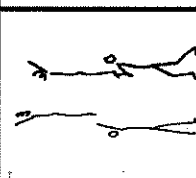
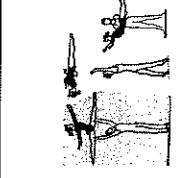
列 I											難度分
	0° / 180° 0.05 / 0.1	0° / 180° 0.1	180° 0.15	0° / 180° 0.1 / 0.15	0° / 180° 0.3	0° / 180° 0.45	0.3	0.3	0.2	0.45	

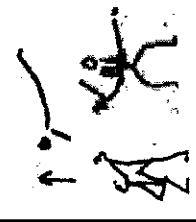
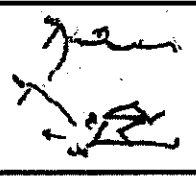
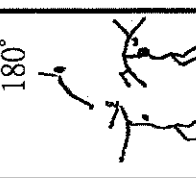
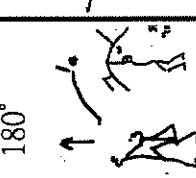
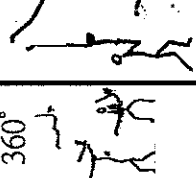
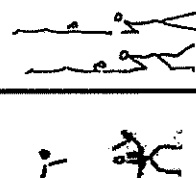

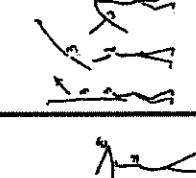
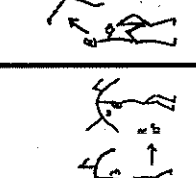

列 II											難度分
	back4/4 0.5	Round off back 4/4 0.7 / 0.8	back4/4 0.8 / 0.9 / 1.0	back4/4 0.8 / 0.9	back4/4 1.0	front4/4 0.9 / 1.0	twist 180° front4/4 1.1 / 1.2				

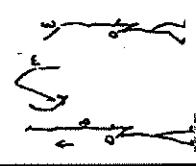


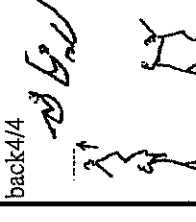
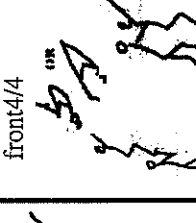
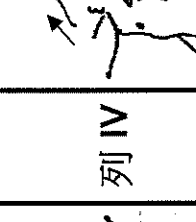
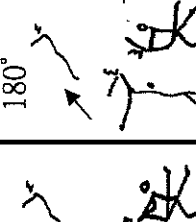
列 III										難度分
	0.25	twist 180° 0.3	0.6	1.3	1.35					

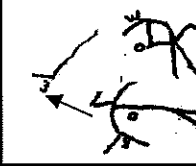
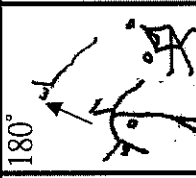
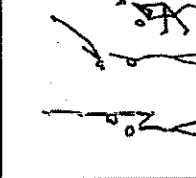
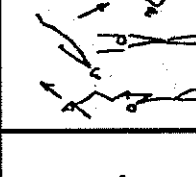
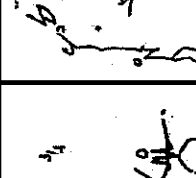
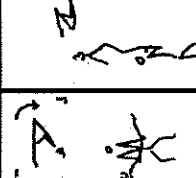
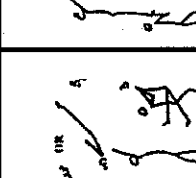

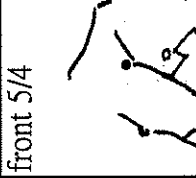
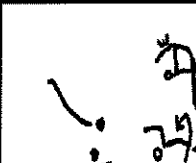
列 IV										難度分
	0.9	0.5	1.3	1.5	0.7					

混雙拋接 (Age 10-20)

列 I										
	0° / 180° / 360° 0.05 / 0.1 / 0.3 / 0.45	0° / 180° / 360° 0.15 / 0.2 / 0.25	0° / 180° / 360° 0.3 / 0.5 / 0.7	0° / 180° / 360° / 540° 0.25 / 0.35 / 0.55 / 0.8	base turn 180° 0.5	0° / 180° / 360° 0.6 / 0.7 / 0.8				
難度分										

列 II										
	0° / 180° / 360° 0.2 / 0.3 / 0.4	180° 0.5	180° 0.5	180° 0.6	360° 0.5	0.8	1.2	0.65	or base turn 180° 1.1	1.1
難度分										


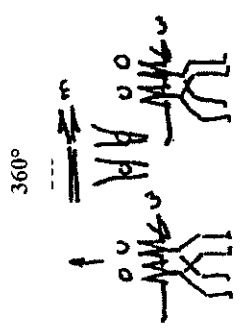
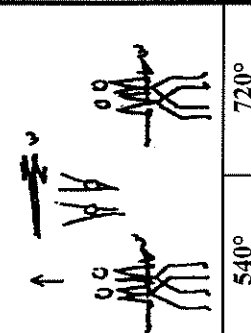
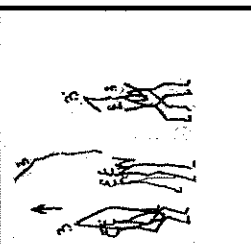

		列 III			front 4/4		列 IV			180° 0.5
1.35	1.3	難度分	1.1 / 1.2	0.9 / 1.0 / 1.1	1.0 / 1.1	難度分	0.3			

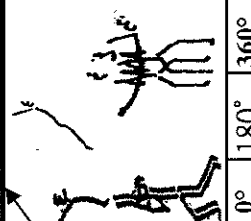
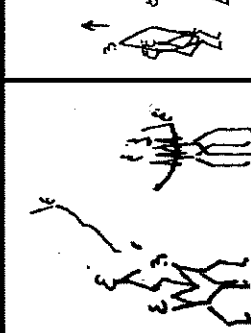
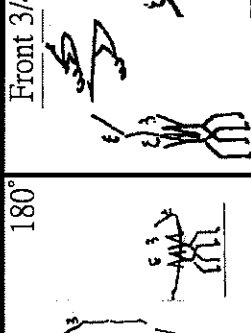
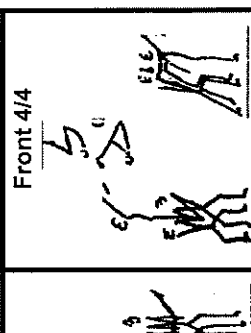

									
180° 0.35	0.5	0.9	1.2	1.2	1.4	1.5	front 5/4	1.5	1.5


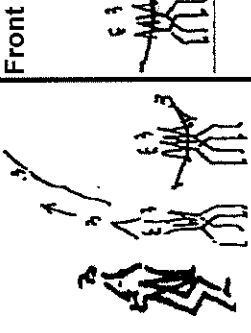
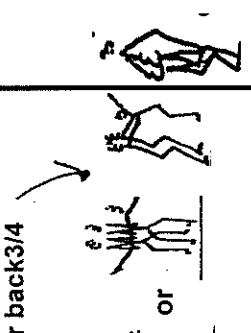
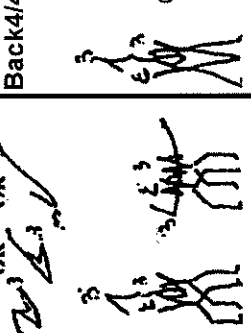
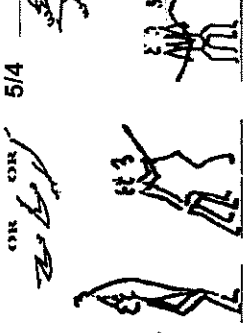

女三平衡 (Age_10-20)每個靜止動作必須保持三秒

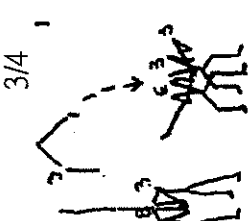
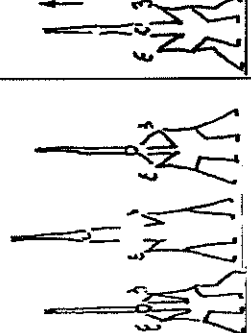
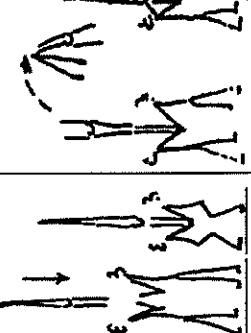
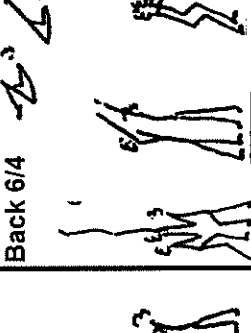


列一																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	<
----	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	---

女三抛接 (Age_10-20)

列 I					
					
難度分	0.1	0.2	0.35	0.5	0.6

列 II					
					
難度分	0.2	0.2	0.25	0.6	0.9/1.0

列 III						
						
難度分	0.15	0.2	0.5/0.4	0.6/0.7/0.8	0.8/0.9/1.0	1.3

列 IV					
					
難度分	0.7	0.4	1.4	1.2	1.5

男四平衡—每個靜止動作必須保持三秒 (Age_10-20)

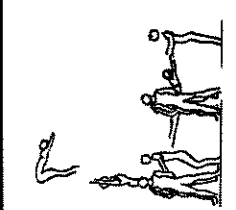
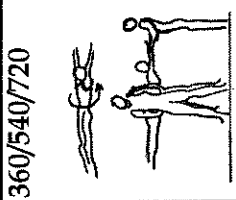
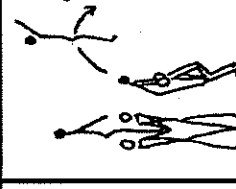
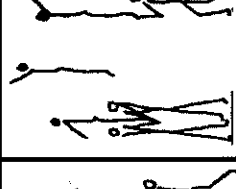
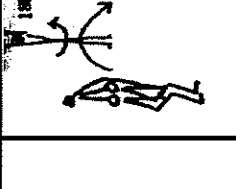
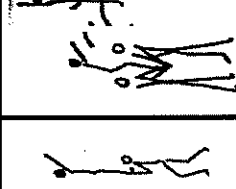
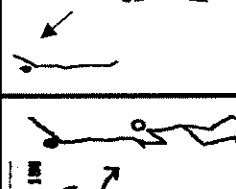
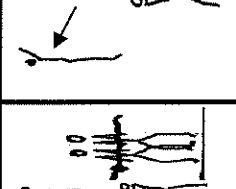

列 I								
難度分	0.05	0.15	0.2	0.3	0.35	0.35	0.3	0.35

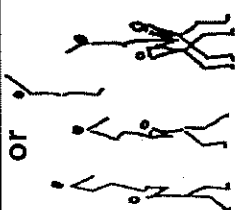
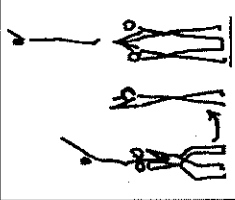
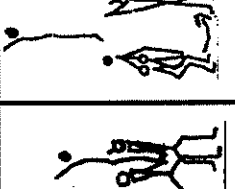
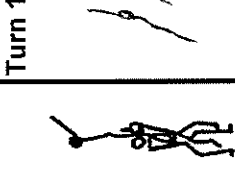
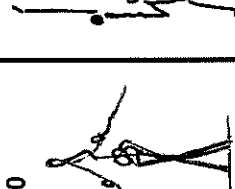


列 II							
難度分	0.1	0.2	0.3 / 0.35	0.45 / 0.5	0.25	1.0	1.5

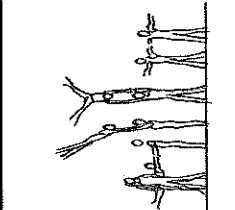
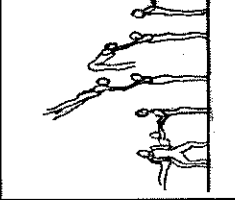
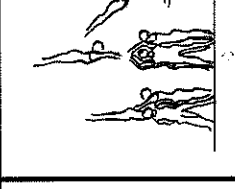
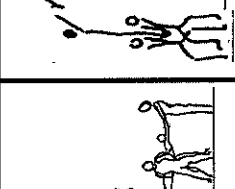

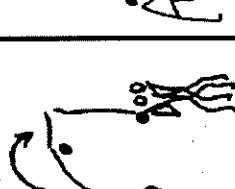
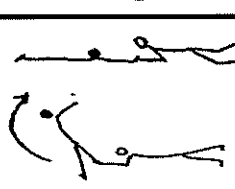
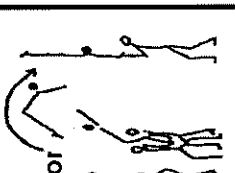

Top Table									
難度分	0.05	0.1	0.05	0.15	0.2	0.5	0.35	0.7	0.9

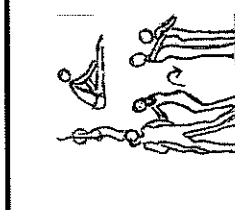
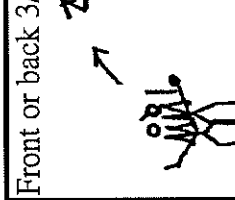
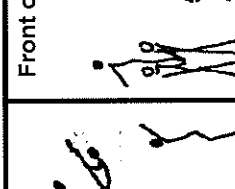
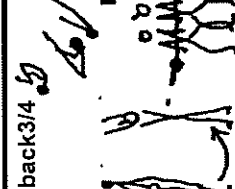
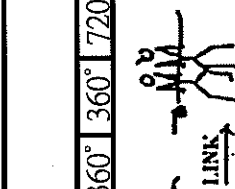
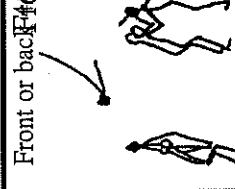
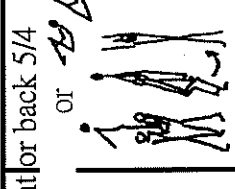


Top Table										
難度分	0.4	0.55	0.45	0.3	0.6	0.8	0.9	1.0	1.0	1.0

男四抛接 (Age_10-20)

列 I									
難度分	0.1	0.2	0.3	0.4	0.45	0.5	0.6	0.7	1.5

列 II							
難度分	0.4	0.55	0.6	0.6	1.45	1.4	1.4

列 III									
難度分	0.3	0.25	0.2	0.2	1.1	1.4	1.3	1.3	1.3

列 IV									
難度分	0.1	0.35	0.7	0.3	0.5	0.9	1.3	1.3	1.3

技巧體操分齡賽 (6至12歲) 造型動作必須靜止三秒

列

雙人			女三	男四	每名運動員必須完成4個單人動作
					 或
					 或
					註： 技巧組合動作數量： 雙人項目選擇完成6個動作 女三及男四項目選擇完成4個動作