



Organized by:

The Gymnastics Association of Hong Kong, China

Subvented By:

Leisure and Cultural Services Department

The Gymnastics Association of Hong Kong, China

Hong Kong Artistic Gymnastics International Invitational Championships 2011

1. GENERAL INFORMATION:

Organizer: The Gymnastics Association of Hong Kong, China
Room 1002, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay, Hong Kong
Tel: (852) 2504 8233 Fax: (852) 2882 8590
Contact person: Mr. Albert NG
Website : www.gahk.org.hk
E-mail: mail@gahk.org.hk

Date: 6th – 11th January 2011

Venue: Ma On Shan Sports Centre
14 On Chun Street, Ma On Shan, Shatin

Apparatus: Janssen-Fritsen

Programme:
(Provisional)

Date	Time	Particulars
6 January 2011 (Thursday)	--	Arrival of delegations
7 January 2011 (Friday)	0900 – 1800 1900 – 2000 2000 – 2100	Training Orientation meeting Judges' meeting
8 January 2011 (Saturday)	1300 – 1415 1430 – 1730	Podium Warm-up Qualification MAG & WAG
9 January 2011 (Sunday)	1300 – 1415 1430 – 1730 1930 – 2100	Podium Warm- up Apparatus Finals MAG & WAG Farewell Party
10 January 2011 (Monday)	0900 – 1800	Sight-seeing
11 January 2011 (Tuesday)	--	Departure

- Competition Format:
- The Competition will be conducted according to the FIG Code of Points 2010-2012 Senior and Junior rules
 - For Team competition (Competition. I) each team shall have not more than 6 gymnasts (3 Senior and 3 Junior) to compete on each apparatus and 4 highest scores (2 Senior and 2 Junior) will taken into account for the Team Scores (6-6-4).
 - The total scores of the gymnasts(2 highest scores 1 Senior,1 Junior), who perform on all the apparatus in Competition I will determine the Individual All-around ranking. (maximum 2 gymnasts per NOC).
 - Apparatus Finals(Competition III), the top 8 gymnasts (4 Senior 4 Junior) who are placed highest on each apparatus in the competition I (maximum 2 gymnasts per NOC) 1 wild card if host country is not qualified

2. Awards:

- Medals will be awarded to the top 3 winners of Team, Individual All-around and Apparatus Finals
- All participants will be presented a Certificate of Participation

3. Team Composition:

	MAG	WAG	Total
Head of Delegation	1		1
Team Manager	1	1	2
Coach	2	2	4
Judge	2	2	4
Doctor / Physiotherapist	1	1	2
Gymnasts	6	6	12
		Total:	25

4. Age:

- MAG : Senior 16 or above (born on or before 1995)
 Junior 13~15 years (born between 1996 to 1998)
- WAG : Senior 16 or above (born on or before 1995)
 Junior 13~15 years (born between 1996 to 1998)

5. Judges:

Each Federation may send 2 MAG and 2 WAG judges. All judges should be a FIG 12th Cycle International Judges Brevet or judge's holder.

6. Accommodation and Meals:

Fee : USD400 for standard double room and USD450 for single room per person.
USD600 per person will be charged for additional person.
USD180 per person will be charged for additional date (meals not included)

- Expenses included in this fee :
 - Accommodation
 - Transportation from the airport to the hotel and back
 - Transportation from the hotel to the competition hall and back
 - Meals (Full board) and Farewell Party on Sunday, 9th January 2011 (*please see the table below for more details*)

Date	Breakfast	Lunch	Dinner
6 January 2011 (Thursday)	--	--	✓
7 January 2011 (Friday)	✓	✓	✓
8 January 2011 (Saturday)	✓	✓ Meal allowance	✓
9 January 2011 (Sunday)	✓	✓ Meal allowance	✓ Farewell Party
10 January 2011 (Monday)	✓	✓ Sight-seeing	--
11 January 2011 (Tuesday)	✓	--	--

7. Payment Methods:

Deposit: 50% of the total amount has to be credited to the Gymnastics Association of Hong Kong, China on or before **23 November 2010**

Payment must be made by telegraphic transfer (in US dollars) to the bank account shown below:

Name of Bank : The Hong Kong and Shanghai Banking Corporation Limited (HSBC)

Branch : Causeway Bay

Address : 1/F, Causeway Bay Plaza 2, 463-483 Lockhart Road, Causeway Bay,
Hong Kong

Account Number : 047-670799-838

Beneficiary : The Gymnastics Association of Hong Kong, China

8. Time Frame and Deadlines:

Provisional Registration	23 November 2010
Deposit (50% of total amount)	23 November 2010
Documents for Visa Application	23 November 2010
Definitive Registration	3 December 2010
Final Payment	3 December 2010
Travel Details Submission	16 December 2010

9. Insurance:

Each member of the federations needs to have a valid health and accident insurance.

10. Visa:

The GAHK will issue invitation letter for all participants of delegation. Please complete the form and send to us on or before 23 November 2010

11. Enquiries:

Mr. Albert NG

Telephone: (852) 2504 8233 / Fax: (852) 2882 8590

E-mail: mail@gahk.org.hk or albertng@gahk.org.hk

12. Date:

1 November 2010



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E-MAIL: mail@gahk.org.hk

Hong Kong Artistic Gymnastics International Invitational Championships 2011 6 – 11 January 2011

Federation : _____ E-mail: _____

Contact : _____ Fax : _____

Provisional Registration Form

(Please submit on or before 23rd November 2010)

	Number of participants
Head of Delegation	
Team Manager	
Male Gymnast	
Female Gymnast	
Coach	
Judge MAG	
Judge WAG	
Doctor / Physiotherapist	
Others	
Total :	

Name of MAG Judge : _____

Name of WAG Judge : _____

Date : _____ Signature & Stamp : _____



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Federation : _____ E-mail: _____

Contact : _____ Fax : _____

Definitive Registration Form

(Please submit on or before 3rd December 2010)

	Function	Surname	Given Name	Sex	Date of Birth (DD/MM/YYYY)
1	Head of Delegation			M / F	/ /
2	Team Manager			M / F	/ /
3	Coach (MAG / WAG)			M / F	/ /
4	Coach (MAG / WAG)			M / F	/ /
5	Judge MAG 1			M / F	/ /
6	Judge MAG 2			M / F	/ /
7	Judge WAG 1			M / F	/ /
8	Judge WAG 2			M / F	/ /
9	Doctor /Physiotherapist			M / F	/ /
10	Gymnast			M / F	/ /
11	Gymnast			M / F	/ /
12	Gymnast			M / F	/ /
13	Gymnast			M / F	/ /
14	Gymnast			M / F	/ /
15	Gymnast			M / F	/ /
16	Gymnast			M / F	/ /
17	Gymnast			M / F	/ /
18	Others (<i>Please specify</i>)			M / F	/ /
19				M / F	/ /

Date : _____

Signature & Stamp : _____



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Contact : _____ Fax : _____

Visa Requests Form (Please submit on or before 23 November 2010)

Surname	Given Name	Sex	Date of Birth	Nationality	Passport Number	Function
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						

Date : _____

Signature & Stamp : _____